# Charophytes of Garda lake (Northern Italy): a preliminary assessment of diversity and distribution

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### ABSTRACT

Charophytes (stoneworts and bassweeds) are a typical macrophytic component of inland water ecosystems. Well-developed submerged meadows of charophytes are expression of clear water and rather low phytoplankton concentrations. Consequently, among aquatic macroscopic primary producers, charophytes are one of the most threatened groups being very sensitive to phosphorous availability, turbidity and water level perturbations. Accordingly, charophytes have been suffering a massive diversity loss worldwide over the last century, mainly because of human-induced pressures. During summer 2011, detailed field surveys were carried out with the main purpose of filling knowledge gaps concerning aquatic flora and vegetation of the Garda lake – the largest lake in Italy and one of the deepest in Europe. Along randomly selected transects, floristic data were collected following standard procedures, as imposed by the Water Framework Directive. Overall, 12 different species of charophytes were recorded, which accounts for 36% of total Italian charophytes and 19% of European species. The most diffuse species were Chara globularis and C. intermedia; whereas, the most interesting taxa were Chara polyacantha and Nitella hyalina, two species with narrow distribution in Italy. Overall in the Garda lake, dense stands of charophytes covered almost homogeneously the littoral sectors at a water depth between 3 and 12 m. The deepest species was C. globularis, which reached a maximum depth of colonisation of about 17.5 m. Charophytes represent a major element among the primary producers in the Garda lake. The high local charophyte diversity and the rather wide most colonised areas (~1000-1200 ha) confirm that the Garda lake is an important reserve for many rare and threatened charophytes. For the first time, these results highlight the key role of the Garda lake for charophyte diversity at a national and European level.

Key words: macroalgae, stoneworts, subalpine deep lakes, diversity hotspot, conservation value.

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# INTRODUCTION

Submerged macrophytes actively contribute to the promotion and maintenance of food webs and services in aquatic freshwater ecosystems (Scheffer and Jeppesen, 2007). In particular, submerged macrophytes efficiently control nutrient availability and functionality of euphotic zones providing habitat for bacteria, invertebrates and other aquatic animals (Petr, 2000; Kufel and Kufel, 2002). The Water Framework Directive (WFD) (2000/60/EC; European Commission, 2000) has recently emphasised the pivotal role of submerged macrophytes in aquatic ecosystems. The trophic status of water bodies, in fact, may be expressed in terms of macrophyte representativeness and density. It is crucial, then, to arrange complete information about macrophytes in order to correctly ad-

dress recovery and management programmes of aquatic freshwater ecosystems.

In lakes, charophytes represent one of the dominant components of macroscopic primary producer communities. Charophytes are typical rapid colonisers and they constitute the majority of the total amount of plant biomass, especially below 3-4 m of depth. In general, charophytes are the deepest macrophytic colonists and their meadows are consequently the deepest submerged vegetations in lakes (Welch and Kalff, 1974; Nygaard and Sand-Jesen, 1981). Charophytes need quite good water quality and low turbidity and they decline with a progressive worsening of water (Blindow, 1992; Torn *et al.*, 2004; Auderset Joye *et al.*, 2002). In Europe, several charophytes have experienced a steep decline during the last century (Simons and Nat, 1996; Auderset Joye *et al.*,



2002). Rapid changes in charophyte dominance in favour of more competitive phanerogams, filamentous algae or phytoplankton, have been widely observed (Scheffer and Jeppesen, 2007; Azzella et al., 2013). The main causes of these changes are due to human perturbations as well as eutrophication, water abstraction, sediment mining or shoreline reinforcement (Scheffer et al., 1993; Smart et al., 2002; Azzella et al., 2013; Bolpagni, 2013). Accordingly, many charophytes are included both in red lists of threatened species and in habitats of conservative interest sensu Habitat Directive (92/43/EEC; European Commission, 1992) (Blaženčić et al., 2006; Siemińska et al., 2006; Azzella et al., 2013). In addition, the loss of the deepest macrophyte belts entails a steep simplification in habitat complexity with a progressive migration of primary producers towards the upper layers of the water column with dramatic effects on nutrients availability and gas concentrations in sediments and waters (e.g. hypoxia or anoxia) (Caraco and Cole, 2002; Bolpagni et al., 2007; Pierobon et al., 2010; Soana et al., 2011).

The enactment of the 2000 WFD resulted in a huge increase of interest in submerged macrophytes. However, up to now only few data or exclusively fragmentary information on submerged macrophytes and their ecological drivers in lakes are available. Frequently, existing records are limited to shallow waters, thus excluding completely the macrophyte contingent below 2-4 m of depth. For example, historical floristic records of the Garda lake are very scarce in spite of their essential role in developing and sustaining local and national economy. A preliminary multitemporal assessment of the macrophytic contingent of the Garda lake was performed by Bresciani et al. (2012), verifying that only three charophytes were reported for this lake in the past. Furthermore, of these three species, only Chara globularis was determined at species level (Wiegleb, 1983; Borsani et al., 2000; Bresciani et al., 2012), while the other two taxa were generally referred to as Chara and Nitella genera (Bianchini et al., 1974; Borsani and Contorbia, 2000; Ludovisi et al., 2004; Bresciani et al., 2012).

With this in mind, a systematic floristic survey was carried out during the 2011 growing season in order to meet the requests imposed by WFD and to fill knowledge gaps about the macrophytic contingent of the Garda lake. The present paper focuses on the charophytic contingent, which is considered to be the most neglected in the lake.

## **METHODS**

## Study site

The Garda lake is the largest inland lentic water ecosystem in Italy, with a surface of 368 km<sup>2</sup>, a maximum depth of about 360 m, and a total volume of 49 km<sup>3</sup> (Fig. 1). Garda catchment is mainly composed by sedimentary rocks (60%), including a minor contribution of crystalline rocks and secondarily deposited sediments (e.g. glacial and fluvial; Sauro, 2001). From an ecological point of view, the basin can be categorised as a warm, monomictic and oligomictic basin. Water column mixing takes place once in late winter or in early spring involving exclusively the uppermost portion of the water column down to a depth of about 150-200 m. The complete circulation occurred exclusively in presence of remarkably cold winter times (Salmaso et al., 2009). As clarified by Salmaso and Mosello (2010), the Garda lake exhibits a stable oligo- to mesotrophic condition. Water transparency measured in situ with a Secchi disk (since the mid 90s of the last century) showed a summer mean value of  $8.0\pm1.1$  m. In the light of this evidence, the potential maximum depth of macrophyte colonisation during the last three decades can be established at 14-18 m of depth.

Bathymetric values (e.g. mean depths and slopes), and



**Fig. 1.** Map of the study area. Accessory sampling sites are indicated by the dotted circle.

water circulation patterns allowed to divide the lake into two main sub-basins: a north-western sub-basin (NWsb) and an eastern one (Esb). The former includes the narrow northern lacustrine sector (mean width of about 4 km), that is delimited by Mt. Baldo chain (Venetian Pre-Alps) on the east, the Garda Pre-Alps (from Tremalzo-Caplone-Tombea group to Mt. Pizzoccolo) on the west, and the western sector corresponding to almost the entire Lombardia region portion of the lake (between Gargnano and Sirmione peninsula). On the contrary, the latter (Esb) includes the majority of the Veneto region portion of the lacustrine basin. The two sub-basins are separated by an underwater ridge connecting Sirmione peninsula to Punta S. Vigilio (Fig. 1). The north-western sub-basin is the deepest one with maximum depths up to 360 m, a prevalence of steep slopes (especially in the northern sector), and a more rapid circulation of waters. On the contrary, Esb exhibits a more stagnant behaviour, with a maximum depth of 81 m, mean depths not exceeding 40 m, and very gentle slopes to the lake edge.

## **Charophytes sampling**

Floristic data were collected during the 2011 growing seasons (July to September) following the national macrophyte survey method (Oggioni *et al.*, 2011) developed to analyse vegetated belts in lakes according to the WFD requirements (2000/60/EC; European Commission, 2000). In brief, a representative number of transects was identified on the basis of vegetation structure and complexity of the lake littoral zone focusing on sectors which displayed maximum level of heterogeneity. Subsequently, data on macrophyte diversity and aquatic plant species abundance (%) were collected from each 1-m depth interval up to the maximum colonisation depth. Accessory surveys were conducted in the southern portion of the lake on 12-14 August 2011 (Fig. 1). Charophytes nomenclature follows Bazzichelli and Abdelahad (2009).

# RESULTS

On the whole, 123 transects were performed across 99 different locations (sampling areas) accounting for a total number of 865 sampling points. Overall, 12 taxa of charophytes were recorded belonging to four genera (Chara, Nitella, Nitellopsis and Tolypella) (Tab. 1). Genus Chara was the most represented with seven species (Chara contraria, C. delicatula, C. globularis, C. intermedia, C. polyacantha, C. tomentosa, C. vulgaris) followed by Nitella with three species (Nitella flexilis, N. gracilis, N. hyalina) (Tab. 1). On the other hand, both genus Nitellopsis and Tolypella were represented by only one species each (Nitellopsis obusa and Tolypella glomerata, respectively). With respect to companion species, the most common phanerogams were Vallisneria spiralis, Myriophyllum spicatum, Lagarosiphon major and Elodea nuttallii. These species appeared to be well-represented and frequent in the first meters of depth, often forming dense mats. In deeper waters, phanerogams occurred less regularly, disappearing down to 6 or 7 m of depth.

For the most part, charophytes were rare or uncommon, as only *C. globularis* was identified in more than 16% of the sampling transects with elevated percentage of representativeness (76.4%). Conversely, *C. polyacantha* was the rarest species as it was found only in one sampling point. In the Garda lake, the maximum depth of macrophyte growth was reached by *C. globularis* and it was equal to 17.5 m (Tab. 1). However, *N. obtusa* was the species displaying the deepest range of distribution (8.8±3.1 m of depth) (Fig. 2).

Species	N.tr. (%)	N.pl.	Zc_s
Chara contraria A. Braun ex Kützing 1845	6 (4.7)	8	7.5
Chara delicatula C. Agardh 1824	2 (1.6)	3	6.5
Chara globularis Thuillier 1799	97 (76.4)	624	17.5
Chara intermedia A. Braun 1836	20 (15.7)	61	9.5
Chara polyacantha A. Braun in Braun, Rabenhorst & Stizenberg 1859	1 (0.8)	1	3.5
Chara tomentosa Linnaeus 1753	15 (11.8)	39	8.5
Chara vulgaris Linnaeus 1753	12 (9.4)	68	12.5
Nitella flexilis (Linnaeus) C. Agardh 1824°	-	-	2.0
Nitella gracilis (Smith) C. Agardh 1824°	-	-	2.5
Nitella hyalina (de Candolle) C. Agardh 1824	13 (10.2)	15	10.5
Nitellopsis obtusa (Desvaux in Loiseleur-Deslongchamps) J. Groves 1919	16 (12.6)	46	14.5
Tolypella glomerata (Desvaux in Loiseleur-Deslongchamps) Leonhardi 1863	5 (4.7)	6	7.5

*N.tr.*, total number of transects; *N.sp.*, sampling points where the species were identified; *Zc\_s*, relative percentage of representativeness and maximum growth depth. <sup>o</sup>Species recorded exclusively during the accessory floristic survey carried out in the southern portion of the lake (littoral areas are between Sirmione peninsula and lake outlet is close to Peschiera del Garda).

### Tab. 1. Charophyte diversity of Garda lake.

In fact, analysing the distribution of the species along the depth gradient it was possible to split the underwater charophyte meadow into two distinct layers: i) an upper layer placed at medium water depths (2-6 m) mainly composed of *Chara* species of rather large dimensions (*C. intermedia*, *C. tomentosa*, *N. hyalina*, *C. contraria*,); and ii) a lower layer (between 6 and 12 m of depth), essentially composed of *C. globularis* and *N. obtusa* (Fig. 2).

A clear spatial distribution of charophytes was also revealed. The highest diversity occurred mainly in the southern sectors of the lake and in particular within the Esb. Overall, along the littoral areas delimited by Peschiera del Garda and Torri del Benaco we recorded up to 9 species (equal to the 75% of local stonewort diversity). Conversely, in NWsb only 5 species were identified (*C. contraria, C. delicatula, C. globularis, C. intermedia,* and *C. vulgaris*).

# DISCUSSION

The present study has proved the presence of a vigorous and widespread contingent of charophytes along Garda lake littorals. This contingent was predominantly composed of *C. globularis, C. intermedia, C. tomentosa, C. vulgaris,* and *N. obtusa* species, which are typical of lentic or low-flow aquatic ecosystems (Bazzichelli and Abdelahad, 2009). These taxa are an important component of macrophyte communities in stable habitats exhibiting medium to large size, such as lakes, reservoirs, etc.

In the Garda lake, charophytes have shown low to moderate level of diffusion (ranging from 12 to 20 transects) with the exception of C. globularis which was detected within 97 different transects. On a local scale, the analysis of the vertical distribution of charophytes indicated a characteristic structural sharing that is similar to those experimentally observed in analogous calcareous deep lakes (Pall and Moser, 2009). With respect to the expected communities dominated by Chara sp. in deep lakes, namely the charophytic meadows of i) shallow (Cha sw), ii) medium (Cha md) and iii) deep water (Cha dw) (Middelboe and Markager, 1997; Schwarz et al., 2002; Pall and Moser, 2009), we recognised the presence of charophytic belts exclusively at medium (between 2 and 6 m of depth) and rather deep waters (below 6 m of depth). In particular, similarly to what observed by Pall and Moser (2009) in the lakes of northern limestone foothills and central crystalline Alps, C. globularis and N. obtusa represent the deepest charophytes of the primary producer contingent of the Garda lake. On the other hand, no evidences of the existence of specific mats of charophytes along the lake shorelines were collected (between 0 and 2 m of depth), with the exception



**Fig. 2.** The box plot graph illustrates the depth-distribution of the most represented species (with total frequencies more than 2%). The central rectangle spans the first quartile to the third quartile; unbroken lines illustrate the median, while dashed lines show the mean. Whiskers illustrate the inner fences delimiting the adjacent values, and circles show outliers. *C\_glo=Chara globularis*, *N\_obt=Nitellopsis obtusa*, *C\_vul=Chara vulgaris*, *N\_hya=Nitella hyalina*, *C\_con=Chara contraria*, *C\_int=Chara intermedia*, *C\_tom=Chara tomentosa*.

of sporadic records of *C. vulgaris* between 1 and 2 m of depth.

During the past 20 years, the Garda lake exhibited a dramatic decrease in aquatic vegetation: along its shorelines, especially in the southern portions, the submerged plant meadows were actively replaced by bare or sparsely vegetated sediments. As clarified by Bresciani et al. (2012), the rapid reduction of water transparency and the increase of water level fluctuation magnitude were the two major causes leading the loss of macrophyte beds. In light of these suggestions, we argue that the complete absence of charophyte stands between 0 and 2 m of depth (Ch sw sensu Pall and Moser, 2009) and the loss of well-structured charophyte vegetation between 2 and 6 m (Ch md sensu Pall and Moser, 2009) are the result of intense use of the shallow and littoral areas of the lake by humans, water pollution and artificial perturbations of the water level. Below 6 m of depth, dense meadows dominated by C. globularis diffusely occurred. On the other hand, the distribution of charophytes was also significantly affected by substratum type and topology (slope inclination of littorals and lake edges) (Lambert, 2007). In presence of steep shores (as in the northern sector of the basin) and coarse sediments, C. globularis and other few characean species (with very low frequency) were found almost exclusively; on the contrary, a major fraction of charophyte diversity was concentrated in the shallower southern portion of the Garda lake, mainly in the Veneto region portion of the basin that is characterised by the predominance of fine-grained and silt sediments and very gentle slopes.

#### CONCLUSIONS

In conclusion, regular data on the charophyte diversity in the Garda lake focusing on main ecological gradients (depth and space) of most abundant and frequent species are now available for the first time. Besides, the present records highlight the broad range of local distribution and the potential wide areas colonised by charophytes along the lake littorals. Therefore, the Garda lake can be recognised as a centre of charophyte diversity with valuable repercussions on national and European charophyte conservation strategies.

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